

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

<p>Daylight Savings Time - Turn Clocks Back 1 Hour</p> <p>10:00  Fitness with Liz [VL1]</p> <p>11:00 Movie Matinee [3rd]</p> <p>11:15 Crossword Puzzle [2FP]</p> <p>11:30  Champagne Brunch [MDR]</p> <p>1:30  Blackjack [VL1]</p> <p>1:30  Performances &amp; Concerts [3rd]</p> <p>2:00  Chocolate Bingo [VL1]</p> <p>3:30  Scrabble w/ Sasha [VL1]</p> <p>4:00  Classic Comedies [VL1]</p> <p>6:30  Evening Movie [3rd]</p>	<p>10:15  Move n Groove w/ Sasha [VL1]</p> <p>11:00  Spirit Drumming &amp; Music w/ Lior [VL1]</p> <p>1:15  Toby's Mah Jong [5th]</p> <p>1:30  Movie Matinee [3rd]</p> <p>1:45  Relaxing Spa: Manicures &amp; Hand Massage [VL1]</p> <p>3:30  Happy Hour Social [6th]</p> <p>4:00  Jeopardy [VL1]</p> <p>6:30  Evening Movie [3rd]</p>	<p><b>Election Day</b></p> <p>10:00  Chair Yoga [MDR]</p> <p>11:15 Donut Circle: Reminiscing w/ Friends [MDR]</p> <p>1:30  Movie Matinee [3rd]</p> <p>1:30  Food For Thought Meeting w/ Chef Fabio [MDR]</p> <p>2:30  Poker [MDR]</p> <p>3:30  Happy Hour Social [6th]</p> <p>4:30  Trivia Table [MDR]</p> <p>6:30  Evening Movie [3rd]</p>	<p><b>Dia de los Muertos</b></p> <p><b>All Saint's Day</b></p> <p>10:15  Stretchbands &amp; Squeezeballs [VL1]</p> <p>11:00  Brain Fitness Games with Teri [VL1]</p> <p>1:30  Literature Reading Group [LI]</p> <p>1:30  Movie Matinee [3rd]</p> <p>2:00  Convenience Store [EL]</p> <p>2:15  Drawing Class [VL1]</p> <p>3:00  Catholic Communion w/ Judy [PLR]</p> <p>3:30  Happy Hour Social [6th]</p> <p>4:00  The Greatest Artists [VL1]</p> <p>6:30  Evening Movie [3rd]</p>	<p>9:30  Exercise with Ziv [VL1]</p> <p>10:30  Puzzles, Trivia &amp; Fun Facts [VL1]</p> <p>1:00 Outing: Shopping at Alameda South Shore Center [LO]</p> <p>1:30  Movie Matinee [3rd]</p> <p>2:00  Big Band Magic [VL1]</p> <p>3:00  Town Hall w/ Deborah [MDR]</p> <p>3:30  Happy Hour Social w/ Todd on Guitar [6th]</p> <p>4:30  Puzzle Table [MDR]</p> <p>6:30  Evening Movie [3rd]</p>	<p>10:00  Tai Chi with Jeffery [VL1]</p> <p>11:00  Spirit Drumming &amp; Music w/ Lior [VL1]</p> <p>11:00  Kerry Massage Therapist [PLR]</p> <p>1:00  Singing Circle [MDR]</p> <p>1:30  Bridge Club [5th]</p> <p>1:30  Movie Matinee [3rd]</p> <p>2:15  Current News &amp; Views w/ John [VL1]</p> <p>3:30  Happy Hour Social [6th]</p> <p>4:30  Discovery Table: African American History [MDR]</p> <p>6:30  Evening Movie [3rd]</p>	<p>9:30 Tibetan Chanting &amp; Meditation [VL1]</p> <p>10:15  Chair Dancing w/ Georgi [VL1]</p> <p>11:15 The Great Courses [VL1]</p> <p>1:30  \$\$ BINGO \$\$ [VL1]</p> <p>1:30  Movie Matinee [3rd]</p> <p>2:30 Spanish Class [VL1]</p> <p>3:30  Happy Hour Social [6th]</p> <p>3:45 Jokes &amp; Comedy [VL1]</p> <p>4:30 This Week in History [MDR]</p> <p>6:30  Evening Movie [3rd]</p>																							
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<p><b>Thanksgiving Family Brunch</b></p> <p>10:00  Sunday Stretch [VL1]</p> <p>11:00 Movie Matinee [3rd]</p> <p>11:15 Crossword Puzzle [2FP]</p> <p>11:30  Champagne Brunch [MDR]</p> <p>1:30  Blackjack [VL1]</p> <p>1:30  Performances &amp; Concerts [3rd]</p> <p>2:00  Chocolate Bingo [VL1]</p> <p>4:00  Classic Comedies [VL1]</p> <p>6:30  Evening Movie [3rd]</p>	<p>10:15  Move n Groove w/ Sasha [VL1]</p> <p>11:00  Spirit Drumming &amp; Music w/ Lior [VL1]</p> <p>1:15  Toby's Mah Jong [5th]</p> <p>1:30  Movie Matinee [3rd]</p> <p>1:45  Relaxing Spa: Manicures &amp; Hand Massage [VL1]</p> <p>3:30  Happy Hour Social [6th]</p> <p>4:00  People, Places &amp; Things on Youtube [VL1]</p> <p>6:30  Evening Movie [3rd]</p>	<p>10:00  Chair Yoga [VL1]</p> <p>11:15 StarTalk Radio w/ Neil DeGrasse Tyson</p> <p>12:00  Activity Fair [MDR]</p> <p>1:30  Movie Matinee [3rd]</p> <p>2:30 You Be The Judge [VL1]</p> <p>3:30  Happy Hour Social [6th]</p> <p>4:30  Trivia Table [MDR]</p> <p>6:30  Evening Movie [3rd]</p>	<p>10:15  Stretchbands &amp; Squeezeballs [VL1]</p> <p>11:00  Brain Fitness Games with Teri [VL1]</p> <p>1:30  Literature Reading Group [LI]</p> <p>1:30 Better Hearing w/ Ray Hill</p> <p>1:30  Movie Matinee [3rd]</p> <p>2:00  Convenience Store [EL]</p> <p>2:30  Flower Arranging [VL1]</p> <p>3:00  Catholic Communion w/ Judy [PLR]</p> <p>3:30  Happy Hour Social [6th]</p> <p>4:00  The Greatest Artists [VL1]</p> <p>6:30  Evening Movie [3rd]</p>	<p><b>Happy Thanksgiving!</b></p> <p>6:00  Live Broadcast: Macy's Thanksgiving Day Parade [VL1]</p> <p>10:00 Pre-Turkey Walk [LO]</p> <p>10:30  Coffee Social w/ Pastries by the Chef [VL1]</p> <p>1:00  Violinist Midori - Live at Carnegie Hall [VL1]</p> <p>3:00  Thanksgiving Documentary: The Pilgrims [VL1]</p> <p>4:00  Turkey Day Trivia [MDR]</p> <p>4:30 Thanksgiving Turkey Dinner [MDR]</p> <p>6:30  Evening Movie [3rd]</p>	<p><b>American Indian Heritage Day</b></p> <p>10:00  Slow Stretch Class [VL1]</p> <p>11:00  Documentary: Legacy of Native Americans [VL1]</p> <p>1:00  Singing Circle [MDR]</p> <p>1:30  Bridge Club [5th]</p> <p>1:30  Movie Matinee [3rd]</p> <p>2:15  Current News &amp; Views w/ John [VL1]</p> <p>3:30  Happy Hour Social [6th]</p> <p>4:30  Discovery Table: Native American Wisdom [MDR]</p> <p>6:30  Evening Movie [3rd]</p>	<p>9:30 Tibetan Chanting &amp; Meditation [VL1]</p> <p>10:15  Chair Dancing w/ Georgi [VL1]</p> <p>11:15 The Great Courses [VL1]</p> <p>1:30  \$\$ BINGO \$\$ [VL1]</p> <p>1:30  Movie Matinee [3rd]</p> <p>2:30 Spanish Class [VL1]</p> <p>3:30  Happy Hour Social [6th]</p> <p>3:45 Jokes &amp; Comedy [VL1]</p> <p>4:30 This Week in History [MDR]</p> <p>6:30  Evening Movie [3rd]</p>																							
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